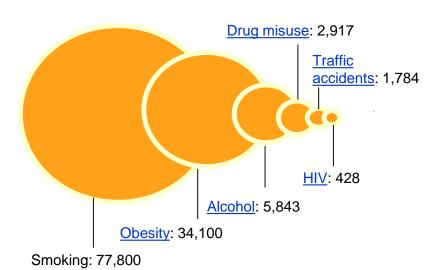


Smoking: Making the case



- ➤ In the last decade adult smoking prevalence has been reduced by over a quarter to its lowest ever recorded level of 14.4% in England, saving thousands of lives and years lived with disability.
- Smoking remains the leading cause of preventable death and disease, as well as the leading cause of health inequalities (for more, see the <u>Health Inequalities Resource Pack</u>).
- ➤ Evidence is clear that smoking prevalence only continues to decline when tobacco control policies continue to be developed, extended and strengthened.
- ➤ To reach the <u>Government's ambition of a 'smokefree generation</u>', where rates of smoking are below 5%, the job of tobacco control must be continued.

Smoking is the largest cause of preventable death (NHS Digital, 2019)



Smoking is the primary cause of preventable illness and death and kills more people each year than obesity, alcohol, drug misuse, traffic accidents and HIV combined.

Around half of all regular cigarette smokers will be killed by their addiction and on average they will lose 10 years of life (Doll et al, 2004).

For every death caused by smoking, approximately 20 more smokers are suffering from a smoking related disease (CDC, 2010).

Smoking costs the economy £12.5 billion each year

Every year in England smoking costs society an estimated £12.6 billion.

This includes social care costs of £1.4 billion and £2.5 billion in NHS healthcare costs.

These costs are spread between health services, businesses, local government, fire services and local communities.

A breakdown of costs for your locality (including ward level data) can be viewed on <u>ASH's</u> Ready Reckoner.

Annual cost of smoking in England (£ millions) (ASH, <u>Ready</u> Reckoner, 2019)



£2.4 billion paid by the NHS



£883.5 million in social care costs



£8.9 billion in lost productivity



£324.5 million in smokingrelated house fires

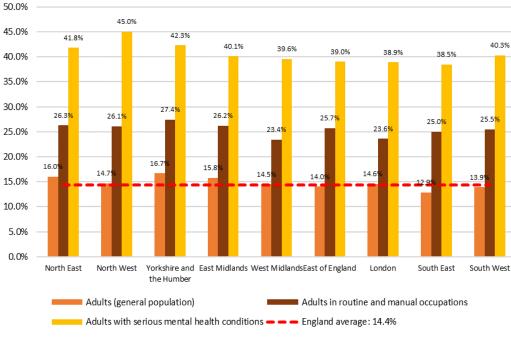
Smoking and inequality

Ill-health caused by smoking is concentrated amongst the poorest and most disadvantaged in society.

Smoking accounts for half of the 9 year gap in life expectancy between the richest and poorest in society (DH, 2017), and is the single largest cause of the 10-20 year reduced life expectancy for people with longstanding mental health conditions (ASH, 2016).

These groups are equally motivated to quit but face more barriers to doing so. Consequently, successful quit attempt rates in these groups are lower.

Cigarette smoking by social group in England (PHE, <u>Local Tobacco Control Profiles</u>, 2019)



Smoking and poverty

As a direct result of the financial impact of tobacco addiction, 447,000 households in the UK live in poverty

This equates to over one million people, including over a quarter of a million children. Supporting the people who smoke in these households to quit would enable these individuals to break away from tobacco addiction which locks individuals and families into financial poverty.

See ASH's full smoking and poverty report here

Smoking in pregnancy remains significant across England. However, rates also vary substantially across the country, with locally recorded rates ranging from below 2% to 25.7% (NHS, 2019).

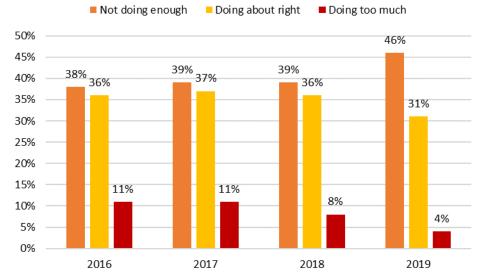
Every year in the UK, smoking during pregnancy causes up to:

- 5,000 miscarriages
- 2,200 premature births
- 300 perinatal deaths

(RCP, Passive smoking and children, 2010)

The public support tobacco control

Public perceptions of how much the Government is doing to limit smoking (ASH & YouGov, Smokefree GB Survey, 2016-19)



The costs of smoking are well known: roughly 6 in 10 smokers want to quit (ONS, 2019) and over 70% of the public have supported action to limit smoking for the past 4 years.

View regional breakdowns of public opinion on key tobacco issues including smoking in the home, support for new legislation and the tobacco industry.

November 2019