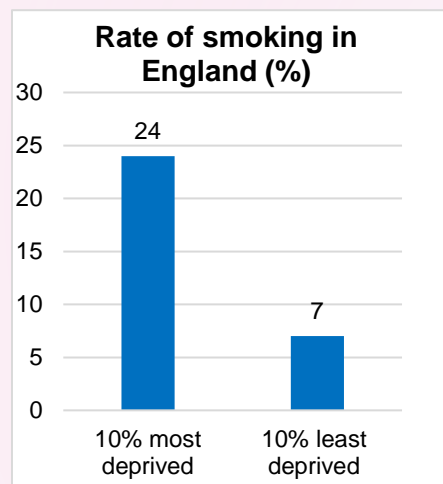


Core20: Above-average smoking rates among the most deprived reduces their healthy life expectancy and increases pressure on the NHS



In England a third of all smokers live in the most deprived two deciles.¹ In NHS Hertfordshire and West Essex ICB there are 139,000 smokers and 24% of people in routine and manual occupations smoke. Smoking costs your ICB £48.6M a year.²

Annually in your ICB smoking causes:

- 10,203 hospital admissions.³
- 1,437 premature deaths.⁴

Additional impact on communities in your ICB:

- 53,756 smoking households live in poverty.⁵
- 7,681 people out of work due to smoking.⁶
- 27,900 people receive informal care from friends and family because of smoking.⁷

PLUS: The most deprived groups have the highest smoking rates






National smoking rates among:

- People who are homeless (77%).⁸
- People entering prison (80%).⁹
- 11–16-year-olds with a mental disorder (22%).¹⁰
- People in social housing (26%).¹¹

Smoking rates for those receiving addiction treatment in your ICB:

- Those receiving treatment for opioid addiction (73%).¹²
- Those receiving treatment for alcohol addiction (42%).¹³

5: Five clinical areas of focus are all impacted by smoking

 91. Maternity	 92. Severe Mental Illness	 93. Chronic respiratory illness	 94. Early cancer diagnosis	 95. Hypertension
<p>Smoking is the leading modifiable risk factor for poor birth outcomes.</p> <p>In your ICB 7%¹⁴ of women smoke at time of delivery, 965 women annually.¹⁵</p>	<p>Smoking is the leading cause of the 10-20 year reduction in life expectancy for people with serious mental illness (SMI).</p> <p>In your ICB 36% of people with SMI smoke.¹⁶</p>	<p>Around 86% of all chronic obstructive pulmonary disease (COPD) deaths are caused by smoking.</p> <p>In your ICB 471 people a year die from COPD.¹⁷</p>	<p>Smoking is the leading preventable cause of cancer responsible for 27% of cancer deaths.</p> <p>In your ICB 637 people a year die from cancer caused by smoking.¹⁸</p>	<p>Smoking cessation is embedded in NICE guidelines on hypertension because smokers' CVD risk is double that of non-smokers. Nationally 9,300 people a year die from CVD caused by smoking.¹⁹</p>
<p>Find out more</p>	<p>Find out more</p>	<p>Find out more</p>	<p>Find out more</p>	<p>Find out more</p>

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