



## Professional



## Responsibility in the stop smoking pathway



## Example of appropriate training

### MH Nurse (inpatient)

Deliver very brief advice (VBA), which involves a patient conversation following the 'Ask, Advise, Act' structure and a referral on for more support. Record actions in patient notes.

Assess smoker's need for nicotine on admission and deliver access to stop smoking pharmacotherapy

Provide evidence-based advice on vaping in line with smokefree policy.

Online VBA training supplemented by Trust specific information on referral pathways and the smokefree policy.

Face-to-face or live online training covering specifics on mental health and smoking at regular points through career.

### MH Nurse (community)

For all patients: Deliver very brief advice (VBA), which involves a patient conversation following the 'Ask, Advise, Act' structure. Record actions in patient notes.

Patients at risk of inpatient admission: Inform patients of the local smokefree policy and what this will mean for them.

Provide evidence-based advice on vaping in line with smokefree policy.

Patients discharged from inpatient service: ensuring support for smoking cessation continues to be provided on discharge including referring to community stop smoking services and advising on access to medications.

Online VBA training supplemented by specific information on local community provision and trust policy information.

Face-to-face live online training covering specifics on mental health and smoking at regular points through career.

### MH Nurse with a lead responsibility for physical health/ smoking cessation

All staff: ensure all staff have VBA training and are provided with information on policies including how to refer to specialist stop smoking support. Ensure this training is regularly updated.

Ensure all staff who deliver the stop smoking service receive specialist training which is regularly updated.

Ensure prescribers have specific training around stop smoking pharmacotherapies and interactions of smoking cessation with some antipsychotic medications.

Ensure nurses are aware of evidence-based on vaping and can advise patients appropriately

Individuals with lead responsibility should be trained to practitioner standard to be able to offer support to stop smoking practitioners and understand the local training requirements of other staff members.

### Psychiatrist (inpatient)

Deliver very brief advice (VBA), which involves a patient conversation following the 'Ask, Advise, Act' structure and referral on for more support. Record actions in patient notes.

Discuss stop smoking pharmacotherapy available to patients and prescribe appropriately.

Adjust dosages of antipsychotic medications in response to smoking cessation/or cutting down on smoking.

Provide evidence-based advice on vaping in line with smokefree policy.

Online VBA training supplemented by Trust specific information on referral pathways and the smokefree policy.

Webinar (live online) or face to face training on smoking and mental health including on pharmacotherapy and interaction of smoking and antipsychotic medications. This should be regularly updated as part of continuing professional development.



## Professional

Psychiatrist (community)

Allied Health Professionals working in mental health settings



## Responsibility in the stop smoking pathway

Deliver VBA. Record actions in patient notes.

Discuss stop smoking pharmacotherapies, provide evidence-based advice on vaping and prescribe appropriately.

Adjust dosages of antipsychotic medications in response to smoking cessation/or cutting down on smoking.

Patients at risk of inpatient admission: Inform patients of the local smokefree policy and what this will mean for them.

Patients discharged from inpatient service: ensuring support for smoking cessation continues to be provided including access to pharmacotherapy.

For all patients: Deliver very brief advice (VBA), which involves a patient conversation following the 'Ask, Advise, Act' structure.

Provide evidence-based advice on vaping in line with smokefree policy.



## Example of appropriate training

Online VBA training supplemented by Trust specific information on referral pathways and the smokefree policy.

Webinar (live online) or face to face training on smoking and mental health including on pharmacotherapy and interaction of smoking and antipsychotic medications. This should be regularly updated as part of continuing professional development.

Face-to-face or live online training covering specifics on mental health and smoking at regular points through career.

Online VBA training supplemented by specific information on local community provision and/or Trust specific information on referral pathways and the smokefree policy.

## Training options

The National Centre for Smoking Cessation and Training (NCSCT) has online training options and also be commissioned to deliver face to face sessions:

- [Online VBA module](#)
- [NCSCT Mental Health speciality module](#)

ASH Scotland have some training resources to support delivery and also run training sessions: [read more here](#).

Your local stop smoking service may be able to deliver face to face training for staff either to support VBA or more intensively. You can find your local service by using the look-up service [here](#).

Improving Performance in Practice (iPiP) also deliver well regarded training and can be commissioned to deliver training from VBA to more in depth support. To find out more [contact them directly](#).