

Supporting you to live well

Electronic Cigarettes at Langdon Hospital

Samantha Churchward
Service Improvement Lead/Lead
Pharmacist, Secure Services
Devon Partnership NHS Trust



The debate

E-cigarettes become the 'alcopops of the nicotine world'



E-cigarettes 'help smokers to quit'

By Nick Trigg
Health correspondent, BBC News

🕒 20 May 2014 | Health |

E-cigarettes

E-cigarettes: miracle or health risk?

Vaping health risks: E-cigarettes could be more dangerous than we think, scientists warn

E-cigarettes

E-cigarettes can help smokers quit or cut down heavily, say researchers

Study suggests critics of vaping are wrong to claim it encourages non-smokers to take up habit

E-cigarette explodes in man's face

POSTED 3:24 PM, FEBRUARY 9, 2015, BY FOX 5 DIGITAL TEAM, UPDATED AT 10:18PM, FEBRUARY 9, 2015

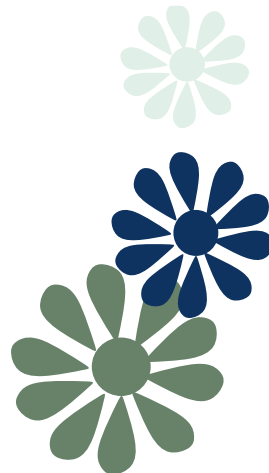


A study claims that chemical levels in some flavoured e-cigarettes are at twice the recommended amount

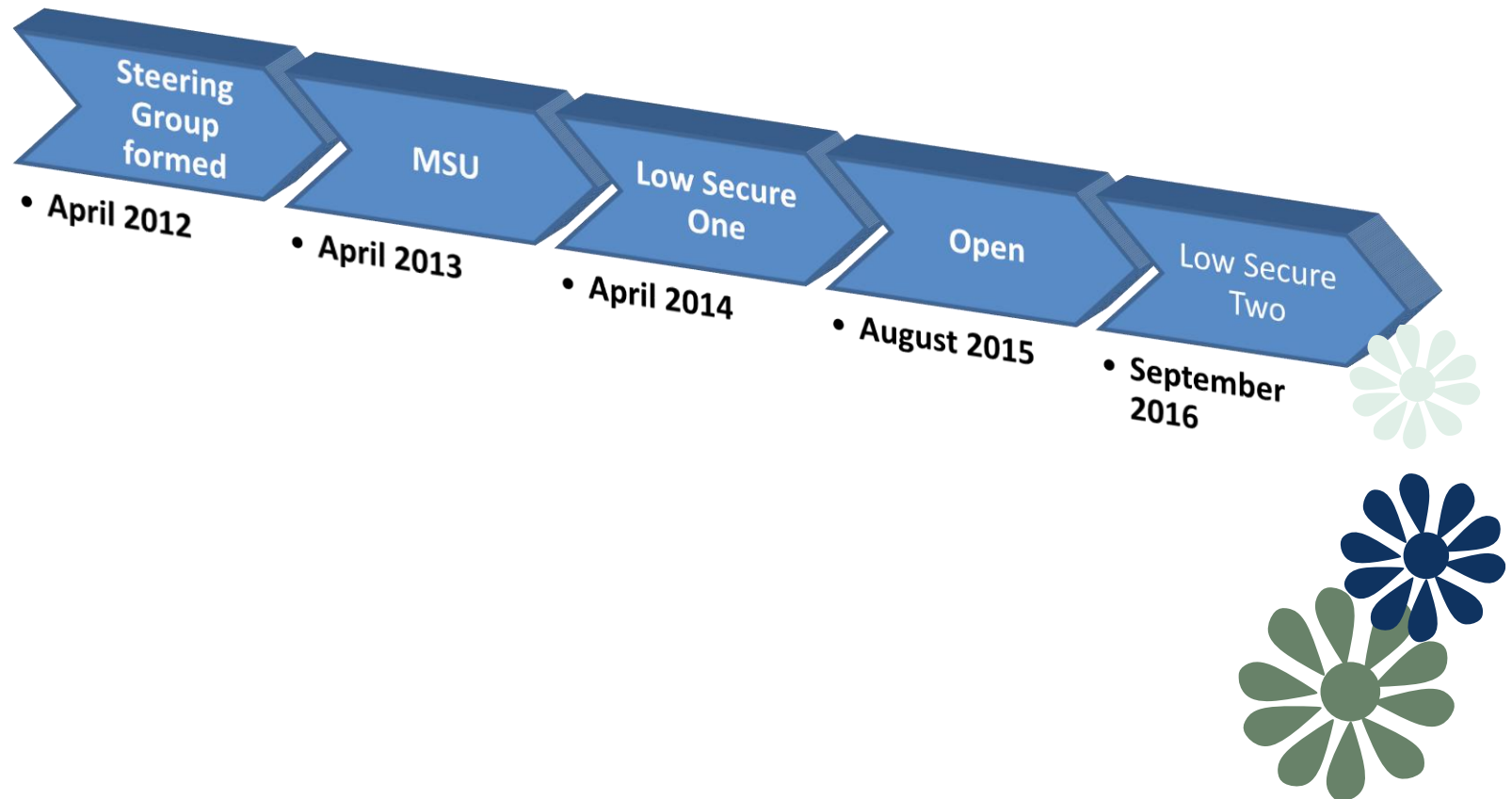
Langdon Hospital



- 111 male inpatient beds
- Campus style site in Devon
- Medium Secure unit – 4 ward, 60 beds (opened April 2013)
- 2 low secure units
- 2 open units.

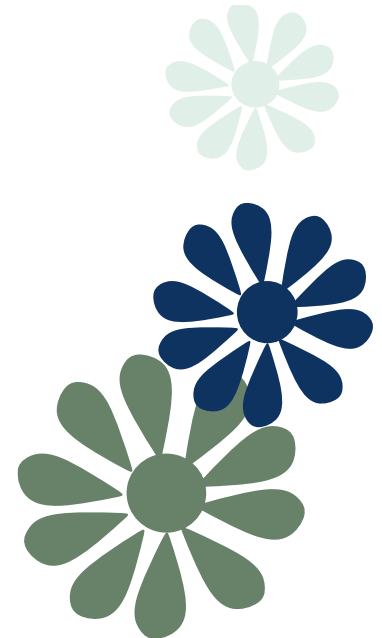


Smoke Free Timeline



NRT Policy

- Variety of products including patches, inhalators, lozenges. Combination available
- Original plan: 12 week course – if continuous NRT wanted option to purchase via shop
- Now: Continuous NRT available on prescription.

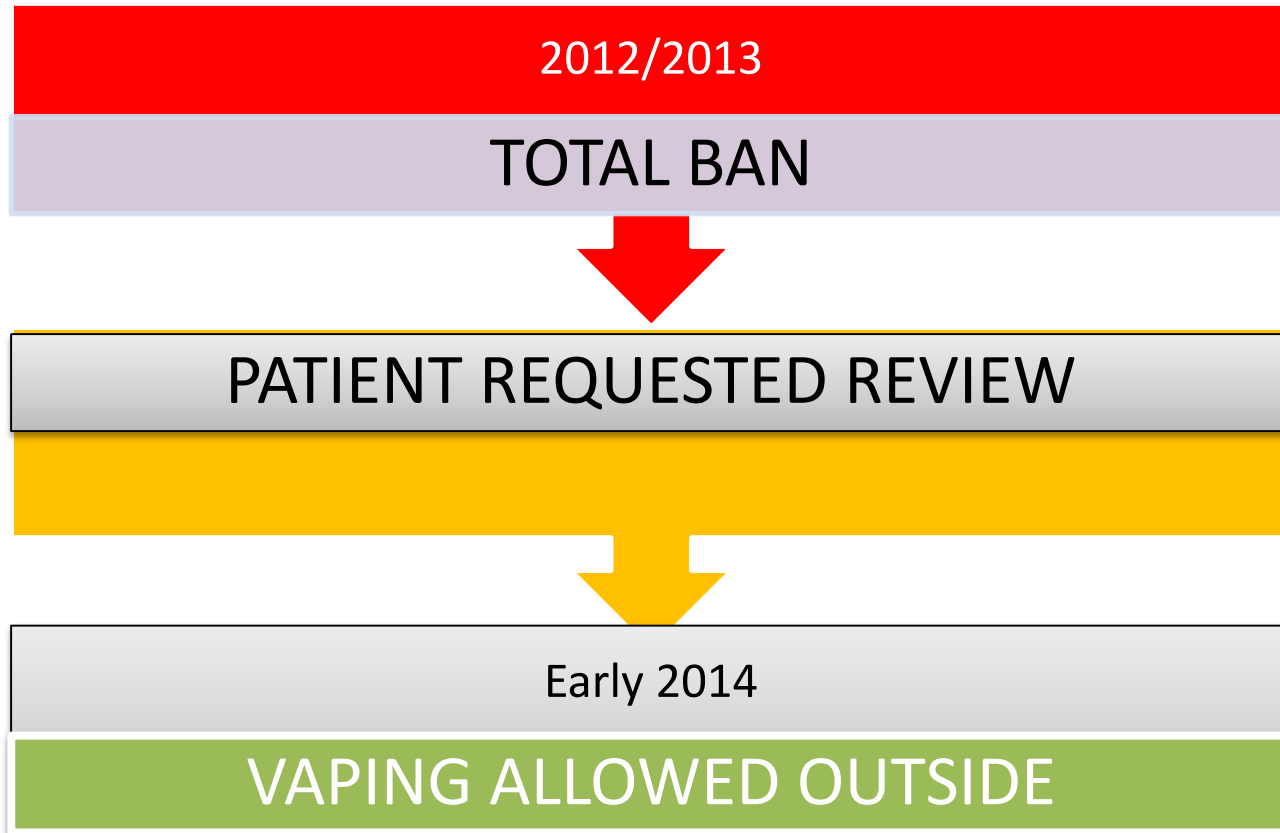


NRT prescription

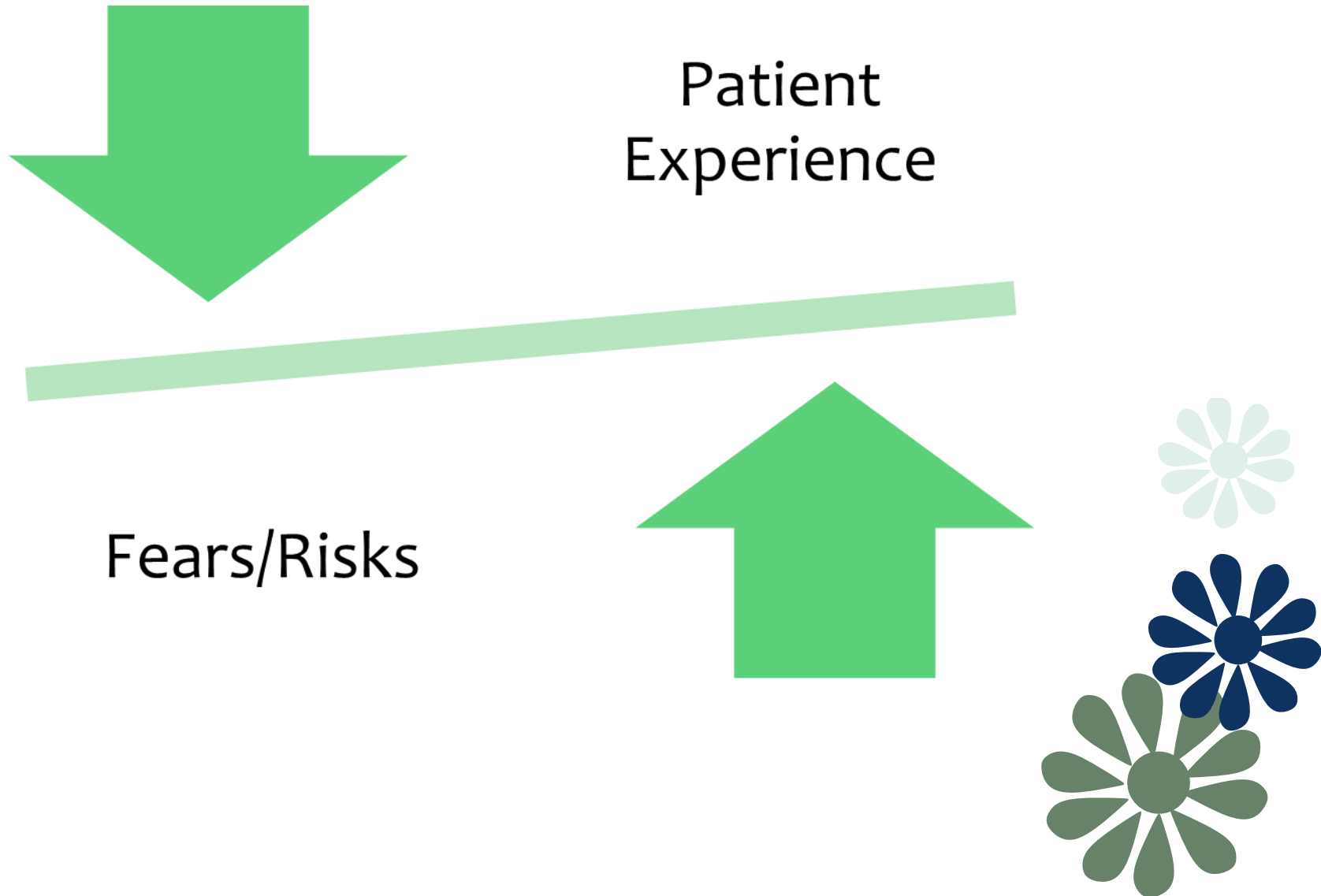
- On Admission: Assessed for smoking status – offered NRT
- Usage Reviewed – stopped if not used
- Continuous NRT available on prescription during admission
- Kept as stock on all wards.



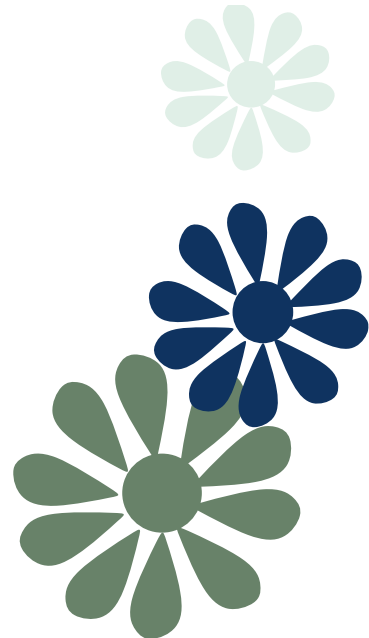
Electronic Cigarettes in Langdon



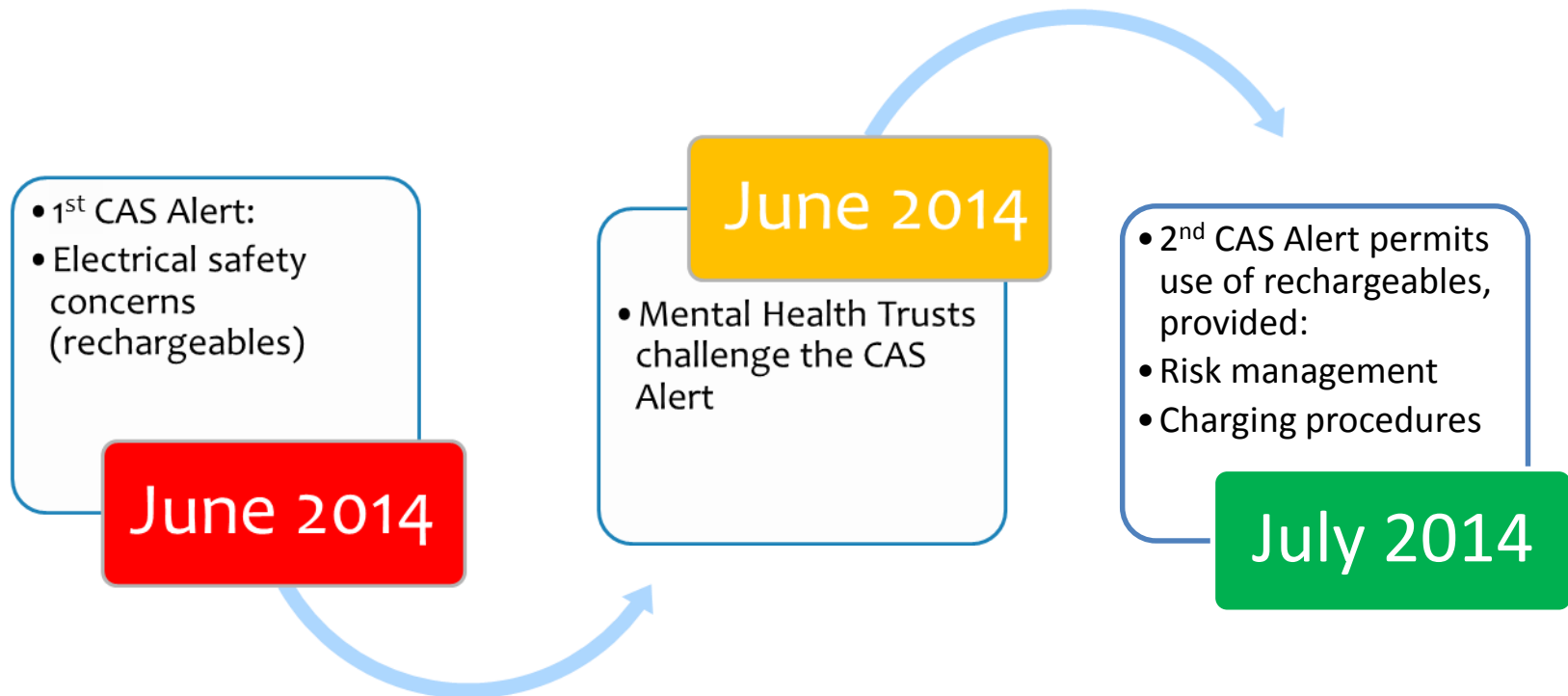
Striking a Balance



Electronic Cigarette Procedure

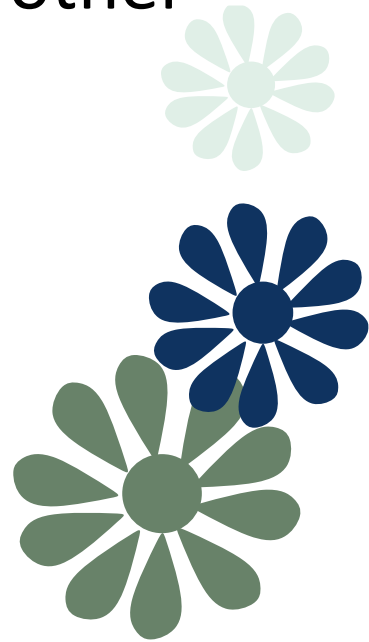


DH CAS Alerts 2014



Benefits.....

- Staying with e cigarettes rather than going back to smoking – Harm Reduction
- Championing the use of e cigarettes in other units.
- Managing clozapine levels.
- Engagement with smoke free



Challenges.....

- Nursing Time
- Bullying
- Breach of policy
- Risks
- Wide range of products
- Indoor versus Outdoor
- Evidence Base



Next Steps

- Policy change to allow use indoors in individual bedrooms?
- Narrowing products available?
- Use in higher risk areas?
- Trust wide implementation alongside going smoke free.

