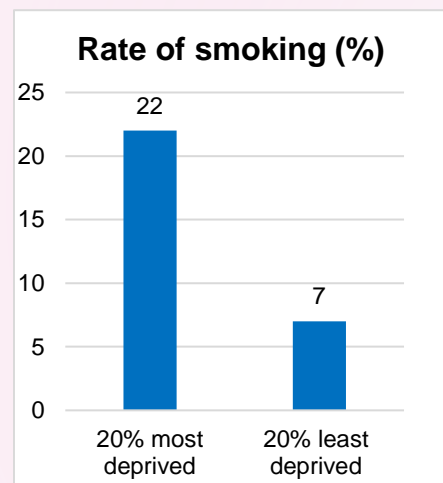


Core20: Above-average smoking rates among the most deprived reduces their healthy life expectancy and increases pressure on the NHS



In England a third of all smokers live in the most deprived two deciles.¹ In NHS Lancashire and South Cumbria ICB there are 205,000 smokers and 23% of people in routine and manual occupations smoke. Smoking costs your ICB £71.8m a year.²

Annually in your ICB smoking causes:

- 17,039 hospital admissions.³
- 2,518 premature deaths.⁴

Additional impact on communities in your ICB:

- 88,273 smoking households live in poverty.⁵
- 9,704 people out of work due to smoking.⁶
- 38,823 people receive informal care from friends and family because of smoking.⁷

PLUS: The most deprived groups have the highest smoking rates






National smoking rates among:

- People who are homeless (77%).⁸
- People entering prison (80%).⁹
- 11–16-year-olds with a mental disorder (22%).¹⁰
- People in social housing (26%).¹¹

Smoking rates for those receiving addiction treatment in your ICB:

- Those receiving treatment for opioid addiction (79%).¹²
- Those receiving treatment for alcohol addiction (50%).¹³

5: Five clinical areas of focus are all impacted by smoking

| 1. Maternity | 2. Severe Mental Illness | 3. Chronic respiratory illness | 4. Early cancer diagnosis | 5. Hypertension |
|--|---|---|---|---|
|  Smoking is the leading modifiable risk factor for poor birth outcomes. In your ICB 13% ¹⁴ of women smoke at time of delivery, 1,961 women annually. ¹⁵ |  Smoking is the leading cause of the 10-20 year reduction in life expectancy for people with serious mental illness (SMI). In your ICB 44% of people with SMI smoke. ¹⁶ |  Around 86% of all chronic obstructive pulmonary disease (COPD) deaths are caused by smoking. In your ICB 880 people a year die from COPD. ¹⁷ |  Smoking is the leading preventable cause of cancer responsible for 27% of cancer deaths. In your ICB 1,081 people a year die from cancer caused by smoking. ¹⁸ |  Smoking cessation is embedded in NICE guidelines on hypertension because smokers' CVD risk is double that of non-smokers. Nationally 9,300 people a year die from CVD caused by smoking. ¹⁹ |
| Find out more | Find out more | Find out more | Find out more | Find out more |

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