

Quality Improvement in Tobacco Treatment (QuITT) Collaborative

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24th April 2023

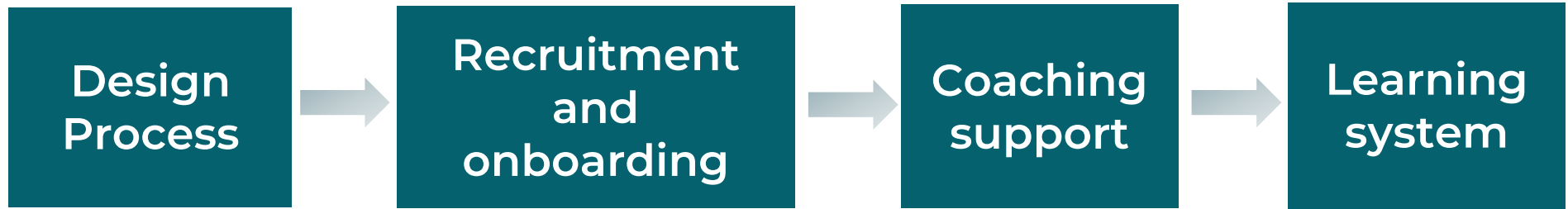


NATIONAL
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CENTRE FOR
MENTAL HEALTH

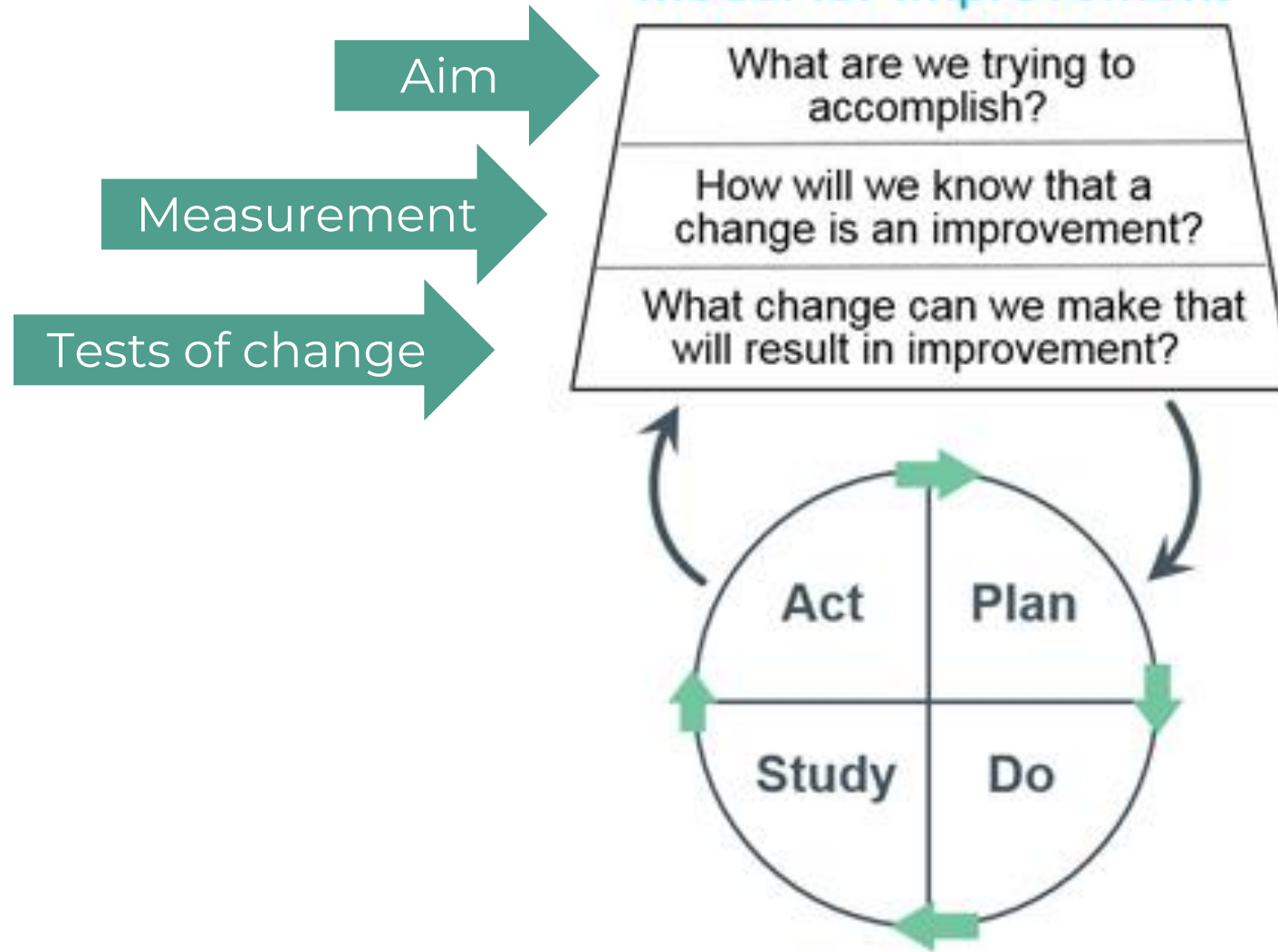
Background

- A Quality Improvement collaborative to increase the percentage of patients on mental health wards who are engaged in meaningful tobacco treatment
- Funded by NHS England
- Launched November 2022
- Delivered in 2 rounds, with round 2 starting January 2024

Quality Improvement Approach



Model for Improvement

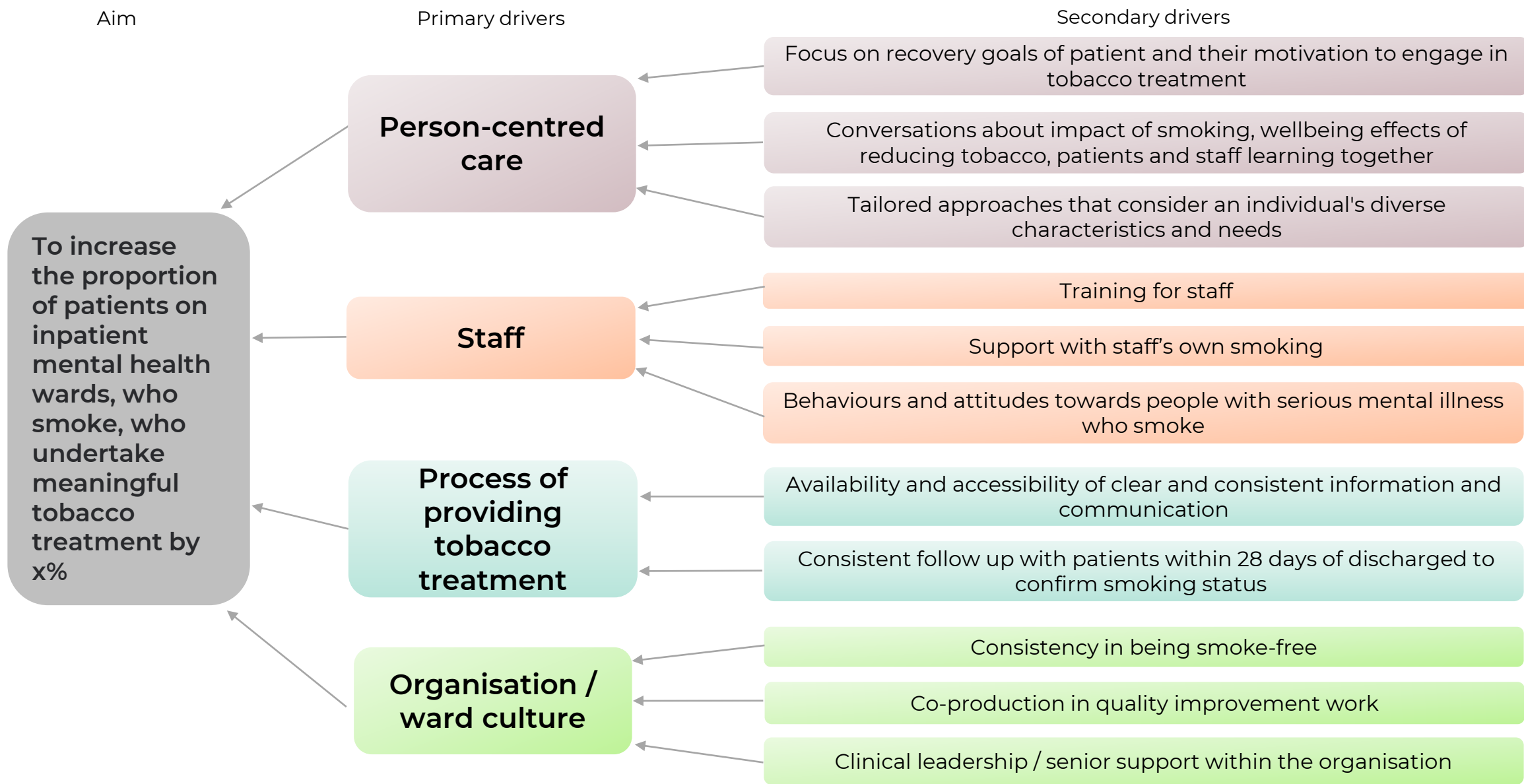


Design Process

Recruitment and onboarding

Coaching support

Learning system



Monthly measures

- **Smoking status screened**

The percentage of patients screened for a recorded smoking status on admission

- **Patients engaged with a tobacco dependency treatment service**

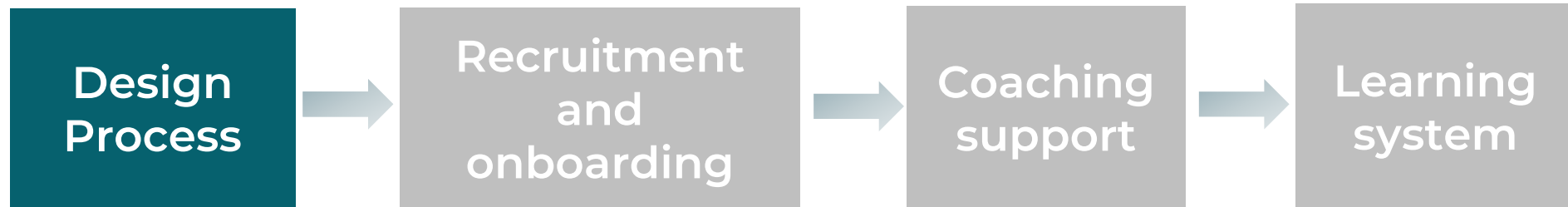
Percentage of patients who smoke who are engaged with a tobacco dependency treatment service

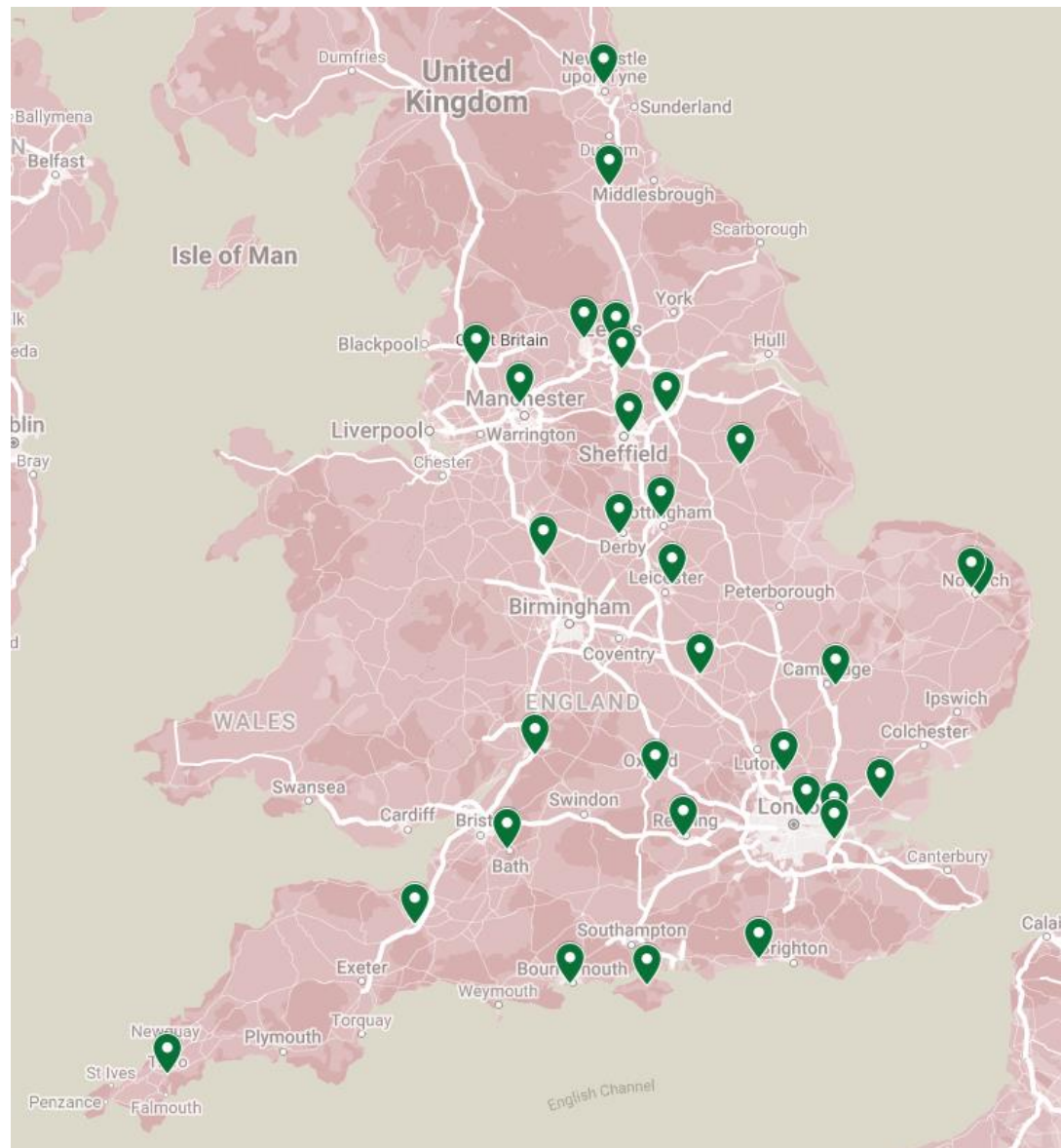
- **Patients have quit tobacco use**

Percentage of patients engaged with a tobacco dependency treatment service who have quit tobacco use at 28 days

- **Support provided by tobacco dependency treatment service is meaningful**

3 question survey to measure patient experience, collected at discharge, with an additional open text box for patients to provide further context and information should they wish to.





Round 1:

- Avon & Wiltshire Mental Health Partnership NHS Trust
- Berkshire Healthcare NHS Foundation Trust
- Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
- East Coast Community Healthcare – Early Implementer Site
- East London NHS Foundation Trust
- Healthy Cornwall (Cornwall Council) – Early Implementer Site
- Hertfordshire Partnership University NHS Foundation Trust
- Leicestershire Partnership NHS Trust
- Lincolnshire Partnership NHS Foundation Trust
- Midlands Partnership NHS Foundation
- Nottinghamshire Healthcare NHS Foundation Trust
- Oxford Health NHS Foundation Trust
- Sheffield Health and Social Care NHS Foundation Trust
- Somerset NHS Foundation Trust
- South West Yorkshire NHS Partnership Foundation Trust
- Sussex Partnership NHS Foundation Trust
- Tees, Esk and Wear Valley NHS Foundation Trust

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Round 2:

- Bradford District Care NHS Foundation Trust
- Cambridgeshire & Peterborough NHS Foundation Trust
- Derbyshire Healthcare NHS Foundation Trust
- Dorset HealthCare University NHS Foundation Trust
- Essex Partnership University NHS Foundation Trust
- Gloucestershire Health and Care NHS Foundation Trust
- Greater Manchester Mental Health NHS Foundation Trust
- Isle of Wight NHS Trust
- Lancashire & South Cumbria NHS Foundation Trust
- Leeds and York Partnership NHS Foundation Trust
- Norfolk and Suffolk NHS Foundation Trust
- North East London NHS Foundation Trust
- Oxleas NHS Foundation Trust
- Rotherham Doncaster and South Humber NHS Foundation Trust
- St Andrew's Heath Care

With further recruitment opening Summer 2023



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QuitTobaccoSomerset @QuitTobaccoSom · 45m
 Clem from @rcpsych is at @SomersetFT Wellsprings Ward with Jez and Steve; Carly from @improvementmph; and Maja, Paul and Martin from the Tobacco Reduction Programme. We're generating ideas to start testing on the wards #QuitTTCollaborative @NCCMentalHealth



Multi-vote	Ideas	Rank Order					Total
		SP	JES	MLP	HMG		
●	For staff training build in time for reflection of ideas + space for individual ideas						
●	Have money for staff cert towards CPD credits						
●	Make community resources available on ward for staff, patients and wellbeing						
●	Up-skilling staff to support patients in stop smoking + increase confidence						
●	Involve patients in the next staff smoking training						
●	Work with relevant individuals in support of patient support						
●	Old software into new software						
●	Order make free chaplain for ward (Monday week onward)						
●	Staff being kept up to date with changes						
●	TS continue coming to the ward in support of patient care						
●	TS to attend staff meetings						
●	Have wider MDT in the work, medic team, pharmacist						
●	Set a dedicated area for people where they don't engage and don't want to be						
●	Use the work through some of making a nice + accessible environment to support the work of project and access on a dashboard						
●	Single team poster with correct details on staff board						
●	Order leaflets to hand out						
●	Contact details of service the ward diary						
●	Use and take part on by TDTs						
●	Assess - Inpatient care						
●	Ensure vape assessments are done for all						
●	Plan to maintain vape level + stock and available + monitor this						
●	Direct the VBA training to ward to complete						
●	Test the existing MDT VBA training and do shorter VBA training at the end						
●	Single short introduction to vape training						
●	Leaflet provide a guide to an survey vapes with the staff						
●	Share and share data to ward team on the floor and ward						
●	Share - QI website to show the work and results by a QI						

VBA training for all staff on 3 wards 4 3 3 3 4 = 17
 ↳ in house ↳ whole MDT

Level 2 training for all staff on 3 wards
 Making smoking cessation everybody's business
 Have fun interactive sessions with patients on 3 wards
 Time management within project

- Template for patient care plans
- Clearing tobacco waste
- Clean up with patients

TDTs embedded + supported 1 1 1 2 1 = 6

- Smoke free signs
- Remove secret-hiding places
- Person-centred interventions
- Support staff smokers
- 1:1 sessions
- Consistency with tackling people outside
- NRT that works for different people

Implementing smoke free policy successfully 2 2 2 1 2 = 9

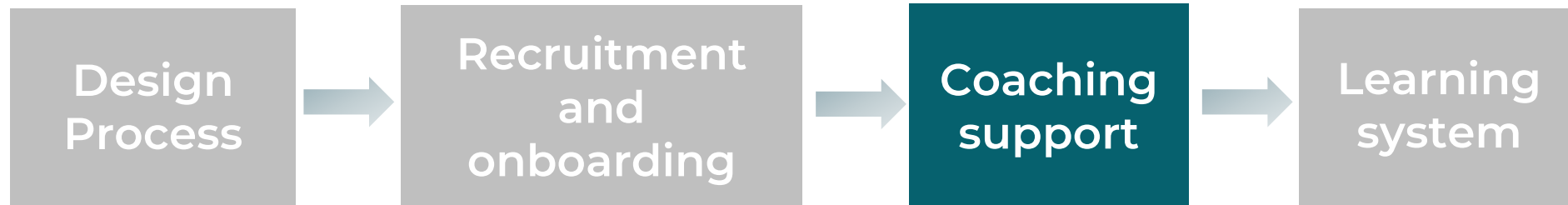
- Monitoring & making cessation work
- Involving local stop smoking services
- CMHTs join project team
- Sessions on NRT with staff - education



Reflections

Clementine Fitch-Bunce and Rosanna Bevan

Quality Improvement Coaches,
National Collaborating Centre for Mental Health



Creating a learning community

- In-person learning sets
- Virtual workshops
- Newsletters



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**Questions welcome, and we will be here
throughout the day**

All resources are available on our website:
[Quality Improvement in Tobacco Treatment \(QuITT\) | Royal
College of Psychiatrists](#)

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 #QuITTCollaborative